

Misel toksave

Yu lukaot long ol simtom o saen

Wan man we i gat misel i bin kam long ples ia long _____
long _____

Sapos yu bin kam long ples ia tu, maet yu kam klosap long hem mo kasem misel.

Misel i save pas isi long nara man mo hem i wan sik we i nogud tumas – eniwan we i no kasem stik blong hem i save kasem sik ia mo kam sik tumas.

Yu stap long haos blong yu mo yu mekem fri telefon kol long **Healthline** naoia nomo long **0800 611 116** sapos yu stat blong kasem eni misel simtom:



Red,
raon soa



Fiva



Soa, mo red
wota ae



Kof



Nus i ron

Blong faenem ol ples wea maet yu kam klosap long misel, yu lukluk long **info.health.nz/measlesLOI**

Misel i stap long ples ia

Protektem yu wan mo ol narafala wan naoia

Misel i stap go olbaot long komuniti blong yumi mo hem i nogud tumas. Eniwan we i no kasem stik blong hem i save kasem sik ia mo kam sik bigwan.

Protektem yu wan mo ol narafala wan naoia:

- ✓ Jekem evriwan long famle blong yu se ol i kasem 2 vaksin blong misel, afta eij blong 12 manis. Yu go luk long info.health.nz/measlesimmunity
- ✓ Blong eniwan we i no kasem yet, o i no sua, **bukum wan vaksin naoia**. Hem i sef blong kasem wan nara vaksin mo hem i fri blong plante pipol. Yu go luk long info.health.nz/measlesvaccine o yu mekem fri telefon kol long **Vaccination Helpline** long **0800 28 29 26**.
- ✓ **Yu stap long haos blong yu** mo yu mekem fri telefon kol long **Healthline** naoia nomo long **0800 611 116** sapos yu stat blong kasem eni misel simtom:



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wota ae



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Nus i ron

Misel i stap long ples ia

Yu ting se yu kasem misel?

Misel i stap go olbaot long komuniti blong yumi.

Hem i save pas isi long nara man mo hem i wan sik
we i nogud tumas.

Plis **YU NO KAM INSAED** sapos yu gat eni simptom blong misel:



Red,
raon soa



Fiva



Soa, mo red
wota ae



Kof



Nus i ron

YU WET LONG PLES IA mo kolem risepsen naoia long

Yu talem long ol staf yu ting se yu gat misel.