

Toklukaut long ol sik pinat

Putim was lo ol sain

Wanpela i gat sik pinat ibin kam hia long _____
long _____

Sapos yu tu bin ikam long hia, bai yu tu istap lo mak blo kisim.

Sik pinat em wanpela bikpela sik isave kalap igo lo arapela lain – sapos wanpela ino kisim banis sut iken kisim sik pinat na iken sik nogut tru.

Stap long haus na ringim fri kol **Healthline (Heltlain)** kwiktaim long **0800 611 116** sapos yu filim sik liklik wantaim ol sain bilong sik pinat:



**Red, paspas
liklik sua**



Skin hot



**Sua, ai wara
wara na red**



Kus



**Kus wara
lo nus**

Long painimaut long wanem ol hap yu bin istap long mak biblong kisim sik pinat, lukim **info.health.nz/measlesLOI**

Sik pinat i stap long hia

Yu mas banisim yu yet na ol narapela long nau

Sik pinat iwok lo go bikpela insait lo kominiti bilong yumi na em ino gutpela sik. Sapos wanpela ino kisim banis sut iken kisim sik pinat na iken sik nogut tru.

Yu mas banisim yu yet na ol narapela long nau:

- ✓ Sekim olsem olgeta lain insait long famili bilong yu i kisim pinis 2 pela sik pinat marasin bihain long 12-pela mun. Lukim [Info.health.nz/measlesimmunity](https://info.health.nz/measlesimmunity)
- ✓ Long olgeta lain husait ino kisim, o yu no save gut, **makim wanpela marasin nau**. Em i seif long kisim narapela banis sut na em fri lo olgeta lain. Lukim info.health.nz/measlesvaccine o fri kol long **Vaccination Helpim** ol long **0800 28 29 26**.
- ✓ **Stap long haus** na ringim fri kol **Healthline (Heltlain)** kwiktaim long **0800 611 116** sapos yu filim sik liklik wantaim ol sain bilong sik pinat:



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liklik sua



Skin hot



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wara na red



Kus



Kus wara
lo nus

Sik pinat i stap long hia

Yu inap kisim pinis?

Sik pinat iwok long go bikpla insait long komuniti bilong yumi.

Em wanpela bikpela sik na isave kalap igo long ol arapela lain.

Plis **NO KEN GO INSAIT** sapos yu gat ol mak bilong sik pinat:



Red, paspas
liklik sua



Skin hot



Sua, ai wara
wara na red



Kus



Kus wara
lo nus

WEIT LONG HIA na kolim woklain nau long

Tokim ol woklain olsem yu mas igat sik pinat.