

HEALTHCARE



1 FAMILY DOCTOR/PHARMACY/MIDWIFE

For urgent, less serious health concerns

- Call or visit your family doctor (GP)
- Get advice and treatment for common minor illness from your community pharmacist
- As soon as you're pregnant, register with a midwife

2 ACCIDENT & MEDICAL CLINIC (URGENT CARE CLINIC)

For urgent, less serious health concerns when you can't see your family doctor or after hours

- Call your family doctor to find your closest Accident & Medical Clinic (Urgent Care Clinic)

3 HOSPITAL EMERGENCY DEPARTMENT

Seriously unwell and need emergency care

- Go to the hospital Emergency Department or call 111

Need free 24/7 telephone health advice from trained registered nurses? Phone 0800 611 116

Free health advice when you need it
Healthline
0800 611 116
www.healthline.govt.nz

To find your nearest family doctor, pharmacy, Urgent Care Clinic or midwife visit

www.healthpoint.co.nz
info.health.nz/yourlocaldoctor



Te Whatu Ora
Health New Zealand

Your local doctor

Have you enrolled with your local family doctor (GP)?

WHO CAN ENROL?

- You need to be eligible for publicly funded health services in New Zealand and entitled to enrol
- For eligibility visit www.tewhatauora.govt.nz/public-health-service-eligibility-guide.

WHY SHOULD I ENROL?

Benefits may include:

- cheaper fees when you see your local family doctor (GP)
- pay only \$5 for each subsidised prescription item
- access to free interpreter services, if required
- reminders for checks, immunisations and other additional services.

WHAT IF I DON'T WANT TO ENROL?

- Enrolment is completely voluntary
- If you choose not to enrol, you will be charged higher fees for your doctor visits.

HOW DO I ENROL?

- To enrol, simply contact your local family doctor (GP)
- Visit info.health.nz/yourlocaldoctor or www.healthpoint.co.nz for a full list of family doctors (GPs) available in your area.

Please update Your Local Doctor below (after "For your information") with: "<https://info.health.nz/keeping-healthy/asian-migrant-and-refugee-health>"

Te Whatu Ora
Health New Zealand

This resource is available from healthed.govt.nz or your local Authorised Provider

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For more information
info.health.nz/yourlocaldoctor

