

# out of date on HIV?

## HIV FACT:

Everyday  
contact is a-ok

HIV can't be passed on through everyday contact, like hugging, kissing, or sharing food.

## HIV FACT:

Today's HIV  
treatment works

With today's treatment, people with HIV can lead long and healthy lives.

Get the facts at [healthnz.govt.nz/HIV](https://healthnz.govt.nz/HIV)