

Free bowel screening every two years







timetobowelscreen.nz

Health New Zealand
Te Whatu Ora

Time to screen
National Bowel Screening Programme

Regular bowel screening can save lives by helping find cancer early when it can often be successfully treated.

Free bowel screening is available every two years for people in the age range for the programme.

When it's your turn, you'll be sent a bowel screening test kit. The test can be done at home and is quick and simple.

More information on bowel screening is available at **timetobowelscreen.nz**, or call **0800 924 432,** Monday to Friday 8am-6pm.

See your doctor straight away if you have symptoms such as a change in your normal bowel habit that continues for several weeks, or blood in your bowel motion (poo). Don't wait until your next screening test.

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