

## Pressure injury prevention resources available to ARC on Ko Awatea LEARN

A range of educational resources are available via the Ko Awatea LEARN website. We summarise two resources of interest below that have been designed by wound care specialists.

### **1. Online course: Pressure Injury Prevention – the SSKIN Model**

*Recommended for healthcare assistants, registered nurses and enrolled nurses. Estimated time to complete: 1-2 hours.*

This course familiarises staff with the SSKIN pressure injury assessment framework. Six scenarios are available to work through, we recommend selecting the 'Aged Care' and 'Acute Care' as most relevant to ARC staff. These scenarios are followed by a series of short quizzes to complete.

### **2. Online course: Pressure Injuries (by Anj Dickson)**

*Recommended for registered nurses and enrolled nurses. Estimated time to complete: 2 hours.*

The aim of this online course is to provide you an opportunity to update staff knowledge on pressure injury prevention, assessment and management. For staff working in an ARC setting, we recommend completing modules 1,2, 4 & 6.

### **Accessing Ko Awatea LEARN**

Health New Zealand – Te Whatu Ora provides access for individuals to Ko Awatea LEARN to support the capability of the New Zealand Health Sector workforce. Visit the [website](#) to login or request an account.