

My Visit to the Dental Hub

Selby House

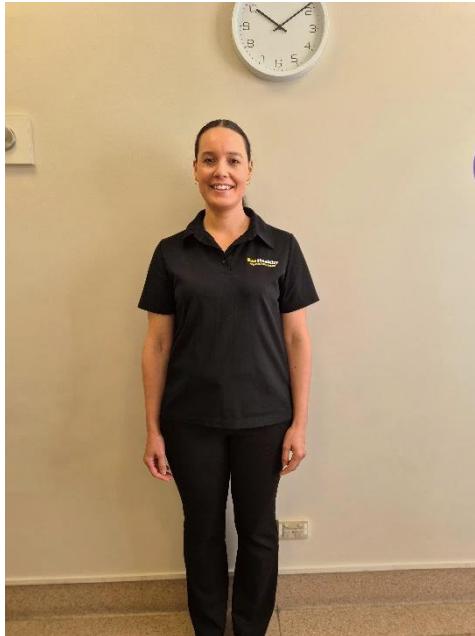
Simplified Story



I have arrived at the Bee Healthy Dental Hub for my appointment.



I will tell the reception staff that I have arrived for my appointment.



The oral health therapist will come and get me from the waiting room.
They might be wearing a colourful gown, mask, a visor, and gloves.



I will arrive at the dental room and sit down in the big blue dental chair.



There are sunglasses I can wear to protect my eyes from the bright lights.



There is a bright light above my head to help the therapist see my teeth.



There is a TV on the ceiling.
I can ask for it to be turned on so I can watch a show during my appointment. If I don't want it on I can ask for it to be turned off.



When I am ready, the therapist will lay the chair back so I am lying down.



The therapist will use a mirror and probe to check my teeth.



The therapist might take a picture of my teeth called an x-ray. They will use this machine to take the picture. I need to bite down on the piece of plastic and sit very still.



The therapist might paint some fluoride varnish on my teeth using a small paint brush.

The fluoride varnish tastes sweet and feels a bit sticky.

This protects my teeth and makes them strong.



All done!



I can sit up and choose a sticker!

Other social stories available:

- My Visit to the Dental Clinic – large hub
- My Visit to the Dental Clinic – small hub
- My Visit to the Dental Clinic – Selby House
- If you would like a more detailed social story or an editable version, please email:

dayna.lindsay@huttvalleydhb.org.nz

Linktree: <https://linktr.ee/BeeHealthyDentalService>

Website: www.healthnz.govt.nz/BeeHealthy

Youtube videos:

There are also a variety of YouTube videos explaining a dental visit, dental treatments, and common oral health concerns:

<https://www.youtube.com/@BeeHealthyDentalService/videos>

