



# Should my child stay home today?

Going to school and childcare supports your child's learning, confidence and wellbeing. But when they're not feeling well or their usual self, it can be hard to tell if they should attend.

## Not sure what to do?

Get advice you can trust from Health New Zealand.

## Scan the QR code or visit:

[healthnz.govt.nz](https://healthnz.govt.nz) and search **school guidance**

